

AFLAYOUTH

Sustainable Livelihoods Training Programme

WHAT? The AflaYouth curriculum aims to improve income-generation abilities for vulnerable young women and men (aged 16-24+) in all of Aflatoun's regions.

A programme model for *Social and Financial Skills (SFS)*, *Employability and Entrepreneurship skills*, suited to easily be adaptable to all contexts. It enables young people to gain access to training, support, mentoring and learning on- and off-line during their transitions into the formal labour market or entrepreneurship. In collaboration with our partners in all regions, we are adopting an innovative approach, whereby participants will be inspired, informed, engaged, coached and assisted to start a private enterprise or achieve gainful employment. Participants seeking employment over becoming an entrepreneur will gain critical skills, preparing them through coaching to find a 'decent' job.

FOR WHOM? Youth aged 16 to 24+ years

"Youth is best understood as a period of transition from the dependence of childhood to adulthood's independence and awareness of our interdependence as members of a community. Youth is a more fluid category than a fixed age-group. Therefore "youth" is often indicated as a person between the age where they may leave compulsory education, and the age at which they find their first employment"¹. This latter age limit has been increasing, as higher levels of unemployment and the cost of setting up an independent household puts many young people into a prolonged period of dependency.

We imagine this programme to be mainly useful for partners implementing outside formal school systems except in the cases of technical and vocational training, although it can be adapted for secondary and tertiary education students.

¹ Secretary-General's Report to the General Assembly, A/36/215, 1981. Retrieved from <https://www.un.org/esa/socdev/documents/youth/fact-sheets/youth-definition.pdf>

HOW? AflaYouth includes:

THREE CURRICULA BOOKS:

- **Book 1:** Social & Financial Skills, divided into 2 parts:
 - ▶ Part 1: Social Skills
 - ▶ Part 2: Financial Skills
- **Book 2:** Employability Skills
- **Book 3:** Entrepreneurship Skills



The average length of a session varies between 1,5hrs and 2hrs, several of which provide portfolio take-away activities for participants.

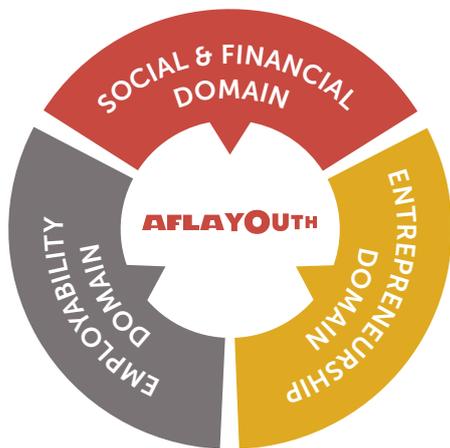
ADDITIONAL CONTENT:

- **Labour Migration Supplement**
- **Transforming Agribusiness Supplement**

ENHANCING DELIVERY:

- **Coach Reference Guide:** These carefully constructed coaching sessions correspond to the AflaYouth sessions that participants receive and are critical in the successful trajectory of the youth as they learn about and master workplace and/or enterprise skills.
- **Extension Activities Guide:** These activities serve as additions to the programme, and include activity plans for career fairs, mock interviews, job shadowing, enterprise visits among other things.
- **Digital Learning Guide:** This allows partner organisations to decide whether and how to use AflaYouth content on various online platforms and provides ways to evaluate e-learning opportunities for specific contexts.





AFLAYOUTH DOMAINS

Each of the AflaYouth domains covers specific transferable skills which are tied to the lifelong learning cycle², to allow participants to pursue and persist in their own learning journey.

² Education, D.-G. for. (2019). Key competences for lifelong learning. Retrieved from <https://publications.europa.eu/en/publication-detail/-/publication/297a33c8-a1f3-11e9-9d01-01aa75ed71a1/language-en>

SOCIAL & FINANCIAL DOMAIN

The social part of this domain includes personal, interpersonal and intercultural skills. It covers all forms of behaviour that equip individuals to participate in an effective and constructive way in social and working life. The financial part of the domain looks at sets of skills and knowledge that allow participants to make informed and effective decisions with their financial resources.

TRANSFERABLE SKILLS INCLUDE: Self-awareness • Judge & identify one's strengths and weaknesses • Show tolerance • Cope with stress and frustration • Overcoming Obstacles • Feel empathy • Building confidence and motivation • Regulate saving and spending • Plan and budget • Manage financial options • Differentiate between needs and wants

EMPLOYABILITY DOMAIN

This domain covers the essential transferable skills necessary for participants to find footing in a workplace suitable to them, or to enhance and understand how they can grow and succeed in their already existent profession.

TRANSFERABLE SKILLS INCLUDE: Communicate constructively • Teamwork and cooperation • Setting goals • Critical thinking • Decision making • Anticipating challenges • Negotiation and persuasion • Flexibility • Seeking and making use of guidance • Gaining, processing and assimilating new knowledge

ENTREPRENEURSHIP DOMAIN

This domain focuses on building a sense of initiative and entrepreneurship in participants, which refers to an individual's ability to turn ideas into action.

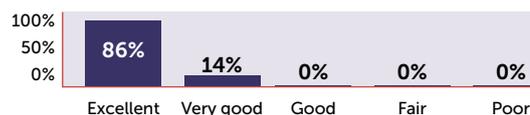
TRANSFERABLE SKILLS INCLUDE: Identifying opportunities • Sense of initiative • Creativity and innovation • Problem-solving • Leadership • Risk-assessment • Planning and managing projects • Ability to prioritise • Building on prior experience and knowledge

PILOT FEEDBACK

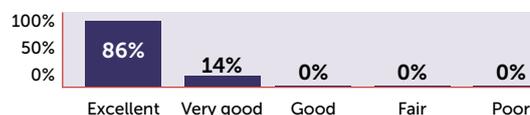
FACILITATORS

Facilitators have responded very positively to the relevance of the content, the methodologies used within the curriculum and the majority have found the quality of the content to be excellent.

RELEVANCE OF CONTENT



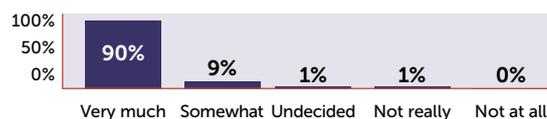
OVERALL QUALITY OF SESSION MATERIALS



YOUTH FEEDBACK

Participants of the AflaYouth programme have shown great interest in the content. There is a high level of motivation to partake actively and positive opinions to the usefulness of the content.

HOW INTERESTING DID YOU FIND THE CONTENT?



DID YOU FEEL MOTIVATED TO ATTEND THE SESSIONS?

